



**CITY OF CARLSBAD PARKS AND RECREATION - AQUATICS (760) 602-4685
PRESENTS THE AMERICAN RED CROSS LIFEGUARD TRAINING INSTRUCTOR COURSE**

The purpose of this course is to train instructor candidates to teach American Red Cross Lifeguard Training, CPR for the Professional Rescuer, and related courses.

To enter the course you must: Provide proof that you are at least 17 years old on or before the last class. (Provide drivers license or birth certificate as proof.)

- Show an American Red Cross Fundamentals of Instructor Training current (within one year) completion certificate **or** a current ARC Health and Safety instructor authorization i.e. WSI. FIT classes are offered through the San Diego American Red Cross and can be found on their website by visiting www.SDARC.org.
- **Pass the Pre-Course Lifeguarding and CPR/AED for the Professional Rescuer written exams and skills.**

The course will be held at the Monroe Street Pool, at 3401 Monroe Street, Carlsbad. The course facility fee is \$200. **Instructor Candidates must provide their own Lifeguarding Manual and resuscitation mask.**

Registration will be accepted at the pool, 3401 Monroe St., Carlsbad, 92008. Come in or call during office hours which are 10:30 am to 6:30 pm, Monday through Friday and weekends 12 to 3 pm.

PRE-PRE-COURSE KNOWLEDGE AND SKILL REVIEW

Day: Saturday Date: 9/24/11 Time: Between 9 AM to 2 PM

PRE-COURSE SESSION Part 1 & 2

Saturday, 10/8/11 10:30 AM to 6:30 PM

THE STANDARDS WILL BE ADHERED TO WITH NO DEVIATION DURING THE PRE-COURSE SESSIONS!

Session 1 & 2: Saturday, 10/15/11 9 AM to 4:30 PM

Session 3 : Sunday, 10/16/11 11:30 to 3 PM

Session 4 & 5: Saturday, 10/22/11 9 AM to 4:30 PM

Session 6 & 7: Sunday, 10/23/11 11:30 to 5:30 PM

FIRST AID FOR PUBLIC SAFETY PERSONNEL (TITLE 22) INSTRUCTOR UPGRADE

Saturday, 11/5/11 9:15 am to 12:30 PM

Fee for the separate and optional T22 Instructor Upgrade is \$150 (price subject to change based on material costs).